



LITTLE DREAMERS

2017 - 18 Annual Report

THE CARING CRISIS



Every child deserves a childhood.

***Yet, in Australia, 490,000 Young Carers
give up theirs to care for a family
member each year.***

That's 1 in 10 people under the age of 25.
2 to 3 in every single classroom across the country.

**We believe in a world where
every single Young Carer is supported
by someone or something by 2030.**



2017 - 18 AT A GLANCE

AMOUNT RAISED
\$1,009m

VOLUNTEERS ENGAGED
60

PROGRAMS RUN + DREAMS GRANTED
140

YOUNG CARERS SUPPORTED
1,115

OUR PROGRAMS



DREAM EXPERIENCE



HOLIDAY PROGRAM



BIG DREAMERS PERSONAL
DEVELOPMENT PROGRAM



MENTORING, TUTORING
AND OTHER SUPPORTS



THE DREAMERS HUB

THE DREAM EXPERIENCE PROGRAM

The Dream Experience Program provides opportunities for Young Carers to live out their wildest Dreams.



DREAM EXPERIENCE



DREAMS GRANTED: 100

"Little Dreamers and the dream you gifted my son has literally changed his life. The dream was a running session with Steve Solomon our Australian olympian. The morning was unbelievable and allowed my son to feel that he is loved and that he does matter. This dream has given my son a sense of identity and direction in life and a confidence I have never seen...truly life changing! He is now running twice a week. There have been many tears over this experience, however there are no words for my gratitude. Heartfelt thanks to Little Dreamers for providing such an amazing opportunity for my 13-year-old son."

DAY DREAM SCHOOL HOLIDAY PROGRAM

Supporting Young Carers in Ronald McDonald Houses across VIC and NSW, the Day Dream School Holiday Program provides respite for Young Carers and Special Siblings while their brothers and sisters are in the hospital over the school holidays.



HOLIDAY PROGRAM

HOLIDAY PROGRAMS RUN: 9

NUMBER OF PARTICIPANTS: 100

"This program is a wonderful idea. It allowed me to spend some precious one-on-one time with my two girls all while knowing that my son was in good hands" - parent of a participant

"It made a hugely positive impact on a little boy who ended up having a five-and-a-half-hour liver surgery later that holiday break" - parent of a participant

"The program is a wonderful opportunity for kids to connect with each other and to participate in activities through the holidays that they otherwise may not be able to access. It is so nice to have a charity that focuses on the journey of young siblings/carers and offers support and special event specifically for them. This holiday program has huge potential to positively impact the lives of many young children" - staff member at Ronald McDonald House



BIG DREAMERS PERSONAL DEVELOPMENT PROGRAM

Launching towards the end of the year, the Big Dreamers Personal Development Program focuses on supporting Young Carers between the ages of 14 - 18.

Over a six month period, 15 Young Carers will participate in two retreats, monthly workshops, personal and business mentoring and have the opportunity to meet other Young Carers from around Victoria.

The program had 15 applications in throughout June and officially kicked off on the 19th July 2018.

A full report of the program will be featured in the 2018-19 annual report.



**BIG DREAMERS PERSONAL
DEVELOPMENT PROGRAM**



MENTORING, TUTORING AND OTHER SUPPORTS

Developed throughout the first half of 2018, the Little Dreamers Mentoring and Tutoring program pairs trained mentors with Young Carers to work through socialisation, mental health and wellbeing and education.

Mentoring matches are created based on age, gender, location, values and relationship requirements (e.g. if there is tutoring involved or if the match is more to focus on reducing social isolation).

This program officially launched in May 2018 and a full report will feature in the 2018-19 annual report.

**NUMBER OF YOUNG CARERS CURRENTLY
MATCHED WITH MENTORS: 8**



MENTORING, TUTORING
AND OTHER SUPPORTS



THE DREAMERS HUB

THE DREAMERS HUB

Following a long development process, Little Dreamers online peer support platform, The Dreamers Hub officially launched in April 2018. Featuring forums, tips and tricks articles, fact sheets, a directory of support services, events diary and local news, the Dreamers Hub is a one stop shop for Young Carer support and was the first peer support platform specifically for Young Carers launched in Australia.

NUMBER OF YOUNG CARERS USING THE DREAMERS HUB: 50



THE STRATEGY



Everything Little Dreamers does is based on five key pillars that guide all of our decisions:

1. Our programs empower and build capacity

Each program aims to improve the quality of life for Young Carers around the country by providing the tools to do themselves.

2. Everything is co-designed with Young Carers

We believe in creating programs that our beneficiaries need, want and love. To do this we develop programs that Young Carers want through a co-design process, pilot programs and focus groups.

3. There's no one solution

Little Dreamers runs lots of different programs because we know that Young Carers are not a one size fits all group of people.

4. Deep, integrated impact

Reach and support Young Carers, their families and the community at multiple touch points, over multiple years. This results in meaningful, long term change.

5. Stop, collaborate and listen

Little Dreamers cannot do it all and be everything for everyone. To ensure that this doesn't happen, we collaborate with the best in the business, across multiple industries to provide the best support for Young Carers possible.

PROGRAM EVALUATION

Throughout the 2017-18 financial year, we paid a lot of attention to getting our evaluation right. This took a while but over the next 12-months we are integrating this assessment into every program across the organisation.

Here is a summary of the tools that we use to evaluate our programs and impact:

MACA-YC18: This 18-item self-report measure provides an overall summary score (index) of the amount of caring a young person is taking on. The higher the score, the more caring a young person is taking on at home.

PANOC-YC20: This is a 20-item self-report measure which provides a score (index) of the subjective cognitive and emotional impacts of caring. There are two sub-scales, positive and negative impacts. Higher scores indicate both greater positive and negative responses on the scale. A higher negative score may be indicative of concern.

KIDSCREEN-27: This survey is a measurement of child and adolescent quality of life assessing physical wellbeing, self perception, psychological wellbeing, social functioning, social relations, cognitive and school functioning and the personal environment.



OPERATIONS

With a growing business each year, Little Dreamers is making a commitment to reduce admin costs and increase sustainability.

Private donors, the state and federal government and corporate partnerships are supporting our mission and our country's Young Carers each and every day to make this achievable.



THE BOARD



Leonie Akhidenor

Head of Residential Development
View Bank Homes



Trevor Givoni

Clinical Psychologist
Department of Education
and Training



Mark Goldberg

Director
MG Business Consulting



Summer Howarth

Director of Learning and Event
Design, Director of EduChange
Education Changers



Sheree Rubinstein

Co-Founder and CEO
One Roof Co-working



Rebecca Smith

Head of Product Marketing
Thankyou AUS



Michael Thurin

Solicitor
Herbert Smith Freehills

Notes

Chairperson: Summer Howarth

Treasurer: Mark Goldberg

Leonie Akhidenor joined the
Board January 2018



THE DREAM TEAM

We know that it is possible to ensure that every single Young Carer around the world is supported by someone or something by 2030. To help us get there, we employ an incredible team of experts to make every aspect of our work possible. Every day at Little Dreamers HQ in South Melbourne, you will find a team of dedicated and passionate people working hard to get the job done.

In the 2017-18 financial year we added five staff to our team in a wide range of roles.

To reach the number of Young Carers that we work with each year we also rely on a tribe of volunteers throughout each program and event that we run. This year, Little Dreamers engaged 60 volunteers across the organisation.

OUR COMMUNITY

This year, Little Dreamers reached:

10,000 people through speaking engagements across four countries and seven cities

4,000+ people online via social media

14,000 people via the Little Dreamers website



OUR FUNDRAISERS

In the 2017-18 financial year we ran some incredible fundraisers for Little Dreamers. These included two events run by the Little Dreamers team and one peer to peer fundraising event run for Little Dreamers.



Dream Big Gala



Sweet Dreams
Community Fundraiser



Trivia Night

FINANCIALS

2017-18 was the most impactful year we've ever had. We raised more money, supported more Young Carers and changed more lives than ever before.

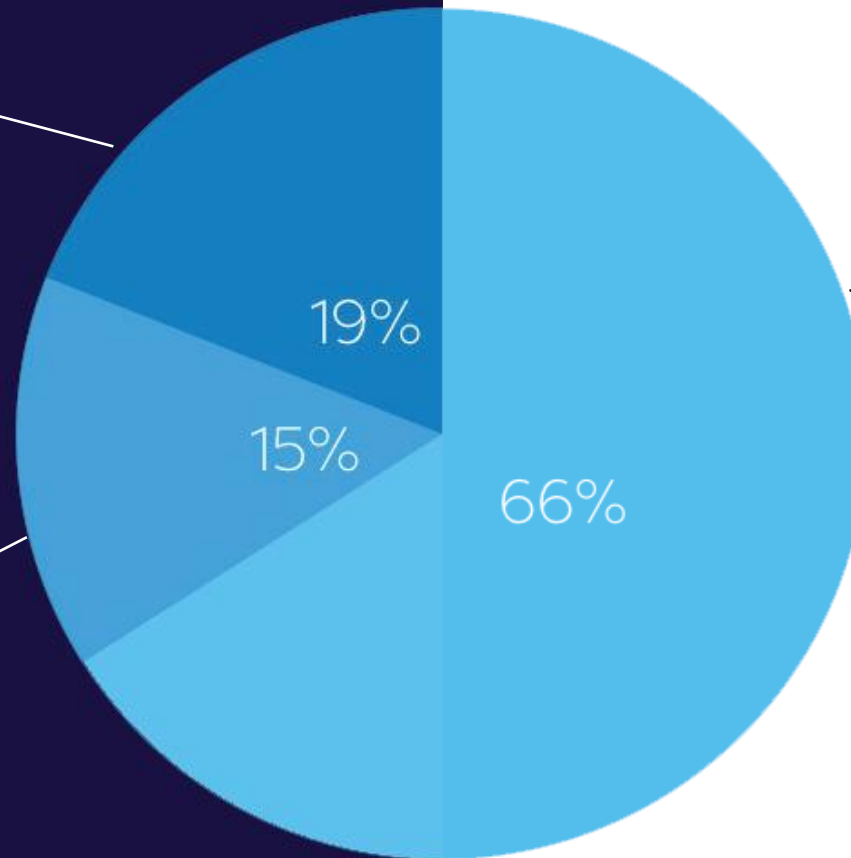


AMOUNT RAISED

\$1.009 MILLION
for Young Carer Support

administration

fundraising



AMOUNT INVESTED

\$194k
to fund Young Carer support

program costs

Notes

The income for 2017-18 featured an anomaly with \$600k to be used over a four year period hit the Little Dreamers account in one lump sum.

A big thank you to our generous donors

Our major partners:

The All-In Giving Circle

Department of Health and Human Services

Mazda Foundation

Dorman Foundation

Rainbow Jane

Jack Brockhoff Foundation

WCF Thomas Trust

Gandel Philanthropy

Sandy and Avee Waislitz



**Dream Big with Little Dreamers to
improve the quality of life for
Young Carers across Australia.**



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